

2026 Rules

Over the years, GCB has developed rules to:

- 1) Promote a safe and respectful environment for everyone.
- 2) Ensure rehearsals and performances run smoothly and efficiently.
- 3) Protect and preserve our valuable costume inventory.

Breaking any of these rules (or disregarding any stated GCB policy) will result in dancers and families not finishing the season in good standing.

Food and Beverage

- No food is allowed to be stored or eaten inside of any dressing room or dance studio.
- Do not eat any food while wearing a costume.
- **NEW 2026** — Only water is allowed in the building when costumes are onsite (Wednesday Dress Rehearsal through Sunday strike) — no coffee, energy drinks, soda, smoothies, etc. — **water only**.

Cell Phones

- Cell phones (and therefore the use of) are not permitted inside of any Dressing Room (#1-4) — this applies to all Dressing Room parent volunteers and all cast members.
- Cell phones (and therefore the use of) are not permitted Backstage (including side slots) — this applies to all Backstage parent volunteers and all cast members.

Photos/Videos

These rules apply to all cast members, family members, and volunteers. No photos/videos are allowed on *any* device (including phone, iPad, computer, digital or 35mm camera, GoPro, etc.) in these off-limit areas:

- *inside* of any Dressing Room, #1-4 (Wednesday through Sunday)
- *anywhere* Backstage, including side slots (Wednesday through Sunday)
- *by any* Usher or audience member (Thursday through Sunday)
- *inside* the “cry room” (Thursday through Sunday)

Parents / Families

- Parents (unless signed up to Usher) are not allowed in the Friday School Show audience. (If you feel you have a special circumstance, talk to Caroline in advance.)
- Tickets are required for all ticketed performances. Please do not sneak in or ask an Usher if you can “watch for just a few minutes” - this is against fire code, disrupts the audience when doors open and close, and puts Ushers in an uncomfortable position to be asked by fellow parents (especially if they are personal friends).
- *Only cast members, Backstage volunteers, and Dressing Room volunteers* are permitted backstage and downstairs in dressing rooms/dressing room hallway. Audience members *including* parents and siblings (or other family members) are not allowed backstage or in downstairs dressing rooms/dressing room hallway before, during, or after any performance.